

# LEVAR WOODS

## FOOTBALL ACADEMY

### 7on7 OKOBOJI SHOOTOUT & BOJI BIG MAN CHALLENGE

Sunday, June 23, 2013 | Bedell Family YMCA, Spirit Lake, Iowa

#### 7on7 OKOBOJI SHOOTOUT

The *7on7 Okoboji Shootout* is a fast-paced, passing tournament designed to bring the top high school teams together for a day of team building and intense competition. Athletes will learn offensive and defensive passing skills taught by college coaches from all over the Midwest while competing for yearlong bragging rights.

Each team is guaranteed to compete in a minimum of 4 games. Teams must consist of a minimum of 7 players and a maximum of 15, all entering grades 9-12, at tournament start. Each team is limited to 3 coaches and must have at least 1 adult coach present during the tournament to be eligible for competition. Teams must be registered together by a coach or team captain. Due to time constraints a camper will not be able to participate in both the 7on7 Okoboji Shootout and the Boji Big Man Challenge.

Overnight lodging is available at the YMCA's Camp Foster for Saturday night, June 22, as long as 1 adult coach is present. The cost of lodging is \$15 per camper; dinner and breakfast are included.

**Included:** 1 LWFA Nike drawstring bag and lunch.

**When:** 8 AM Check-in, 8:30 AM - 3:30 PM Competition

**Where:** Bedell Family YMCA, 1900 41st Street, Spirit Lake, Iowa 51360.

For boys entering the grades 9 - 12.



Follow the LeVar Woods Football Academy on Facebook and Twitter.

#### BOJI BIG MAN CHALLENGE

In conjunction with the 7on7 Okoboji Shootout, the *Boji Big Man Challenge* is just for the guys who play up front and do all the dirty work. Come to the Bedell Family YMCA in Spirit Lake, Iowa and show off your strength in a day full of events that will be sure to challenge your power, stamina and explosion! Before, during and after the events, participants will be instructed on how to utilize better technique, better leverage, more power and more explosion in order to maximize their performance on the field.

This event is open to individual participants as well as teams. Teams can have no fewer than 5 participants and no more than 8 participants. Schools may enter more than one team if they choose. At the end of the six events, the top two teams in the point standings will face off in a head-to-head final event that will be revealed the day of the competition. Competitors will be grouped by age and ability. Due to time constraints, a camper will not be able to participate in both the 7on7 Okoboji Shootout and the Boji Big Man Challenge.

Overnight lodging is available at the YMCA's Camp Foster for Saturday night, June 22. The cost of lodging is \$15 per camper; dinner and breakfast are included.

**Included:** 1 LWFA Nike drawstring bag and lunch.

**When:** 8 AM Check-in, 8:30 AM - 3:30 PM Competition

**Where:** Bedell Family YMCA, 1900 41st Street, Spirit Lake, Iowa 51360.

For boys entering the grades 9 - 12.



Register at [www.levarwoodsfootball.com](http://www.levarwoodsfootball.com) | [info@levarwoodsfootball.com](mailto:info@levarwoodsfootball.com)